Children's Mental Health and Well-Being: 
Policy and Future Directions in the Nordic Countries

Conference on mental health promotion and prevention in youth

October 8th 2014 at Nauthóll, Reykjavík, Iceland

This one-day conference is centered on the mental health and well-being of children and adolescents in the Nordic countries and how Nordic collaboration and expertise may be applied to improve mental health promotion and prevention. The conference will be held at Nauthóll in Reykjavík from 9 a.m. to 4 p.m.

PROGRAMME

08.30 - 09.00 Registration

09.00 - 09.10 Opening address
Eygló Harðardóttir, Icelandic Minister of Social Affairs and Housing

09.10 – 09.20 Mental Health in Youth and the Well-Being of Nations
Geir Gunnlaugsson, Chief Medical Officer, Directorate of Health, Iceland

09.20 - 10.10 Keynote Address: How to Promote Mental Health and Prevent Mental Disorders in Young People and Get a More Sensible Society Economy
Arne Holte, Deputy Director General, Norwegian Institute of Public Health (FHI) and Professor of Health Psychology, University of Oslo, Norway

10.10 - 10.30 Are Our Children Getting the Help They Need? Children and Adolescents’ Access to Mental Health Care within Primary Care Services
Ingibjörg Sveinsdóttir, Psychologist, Specialist in Clinical Psychology and Applied Behaviour Analysis, Primary Health Care of the Capital Area, Iceland

10.30 – 11.00 Refreshments

11.00 – 11.20 Intersectoral Collaboration in Finland to Promote Children’s Mental Health
Päivi Santalahti, Specialist in Child Psychiatry, Head of the Child and Adolescent Mental Health Unit at the National Institute for Health and Welfare (THL), and Adjunct Professor at the Department of Child Psychiatry at the University of Turku, Finland
11.20 - 11.40  Mental Health among Adolescents and Young People in Denmark: Prevalence and Development over Time

Pernille Due, Professor, Research Director for Child and Adolescent Health, National Institute for Public Health (Statens Institut for Folkesundhed), Denmark

11:40-12:00  Mental Health among Children and Youth in Sweden: Trends and Preventive Measures

Johanna Ahnquist, Head of Unit for Mental Health, Children and Youth, Department of Knowledge Development, Public Health Agency of Sweden (Folkhälsomyndigheten)

12.00 – 13.00 Lunch

13.00 – 13.40 Keynote address: Public Mental Health: Opportunities for Implementation

Jonathan Campion, Director for Population Mental Health at UCL Partners and Director for Public Mental Health and Consultant Psychiatrist at South London and Maudsley NHS Foundation Trust, London, UK

13.40 - 14.00 Mental Health Policy in Iceland

Guðrún Sigurjónsdóttir, Deputy Director General, Department of Co-Ordination and Development, Ministry of Welfare, Iceland

14.00 - 14.30 How Do We Create an Environment Where Our Children Can Flourish?

Dóra Guðrún Guðmundsdóttir, Head of Division, Health Determinants, Directorate of Health, Iceland

14.30 - 15.00 Refreshments

15.00 – 15.50 Panel Discussion

15.50 – 16:00 Summary and closing remarks

The conference is a part of the programme of events for health and social affairs during the Icelandic Presidency of the Nordic Council of Ministers in 2014.

The conference is open to all and free of charge. Please note that registration is required:

http://registration.yourhost.is/forms/cmhw2014/skraning.php

The conference language is English.